



HIGH WYCOMBE LTC

ADULT TENNIS COACHING PROGRAM APRIL - JULY 2010

HWLTC is offering its adult members a fantastic summer coaching program.

The program includes courses for all standards and pay on day sessions for those wanting more flexibility.

COURSE DESCRIPTION

Beginners: For those who have played for less than a year or never before. We teach you basic shot techniques and tactics, so anyone who wants to review is welcome.

Improver: For those who have played regularly for six months to two years. We teach you techniques for all shots and basic double tactics. Lots of fun drills and points play.

Intermediate: For those who have played for over two years (club and rusty advanced players). We teach you advanced doubles manoeuvres and there is generally less emphasis on technique and quick reminders, tactics and lots of action.

PAY ON DAY

No advance booking necessary. Just turn up on the day. £7 per session. (Non-members welcome, but must pay an additional £2 per session). **Ratio for pay on the day is 12:1**

COURSES

Courses run for 8 weeks, starting w/c 19th April and will continue throughout the year. Please complete form below with cheque for £56 per course. Subject to availability you can pay on the day for courses at the rate of £9 per session, £7 for members. **Ratio for courses is 8:1**

COACHES

LTA Qualified Coaches, Mathew Evans, Antony Willison and Anne Hart will run the Courses and Pay and Play sessions.

PROGRAM TIMINGS

Weds	10.00am - 11.30am	Improvers/Intermediates	Pay on Day	Matt
Weds	11.30am - 1pm	Advanced	Pay on Day	Matt
Thurs	10.00am - 11.30am	Improvers/ Intermediate	Pay on Day	Matt
Thurs	11.30am - 1pm	Beginners/Improvers	Pay on Day	Matt
Thurs	7 - 8pm	Improvers/ Intermediate	Course	Antony
Thurs	8-9pm	Beginners/Improvers	Course	Antony
Sunday	9.45am-11am	Intermediate	Pay on Day	Anne

INDIVIDUALS AND PRIVATE GROUPS

LTA licensed coaches are also available for private individual and group lessons at a cost of £25 per hour plus non member fees £2 and floodlighting when needed. For more information contact:

Mathew Evans 07912945626 mattycevans@hotmail.com
Antony Wilson: 07813956737 aewillison@yahoo.co.uk
Jack Groves: 07870421164 ackgroves2@hotmail.com
Anne Hart: 07754943808 anneharttennis@hotmail.com

ADULT PROGRAM HWLTC: Please return this form if you want to book on a course

Name.....

Address.....
..... Postcode.....

Tel:..... Email: Course:

Cheque payable to "Paul Delgado" enclosed for _____.

Please hand to one of the coaches or post to "Paul Delgado, 1 East Arms Place, Hurley, Berks, SL6 5LE".

For any enquires please contact Paul Delgado on 07818 052206 or email paul@delgadotennis.co.uk

See www.hwltc.co.uk for more details