



HIGH WYCOMBE LTC

ADULT TENNIS COACHING PROGRAM APRIL - JULY 2008

HWLTC is offering its adult members a fantastic summer coaching program. The program includes courses for all standards and pay and play sessions for those wanting more flexibility.

PLAYING STANDARDS

Beginners: For those who have played for less than a year or never before. We teach you basic shot techniques and tactics, so anyone who wants to review is welcome. We work on smaller courts.

Improver: For those who have played regularly for six months to two years. We teach you techniques for all shots and basic doubles tactics. Lots of fun drills and points play.

Intermediate: For those who have played for over two years (club and rusty advanced players). We teach you advanced doubles manoeuvres and there is generally less emphasis on technique and quick reminders, tactics and lots of action.

PAY ON DAY

No advance booking necessary. Just turn up on the day. £7 per session. (Non-members welcome, but must pay an additional £2 per session).

COURSES

Courses run for 8 weeks, starting w/c 21st April.

Please complete form below with cheque for £70 (members) and £80 (non-members) per course: Maximum 8 players per coach.

COACHES

LTA Licensed Coaches, Jason Graham and David Hay.

PROGRAM TIMINGS

Mon	7 - 9pm	Monthly match play *	Pay on day	Jason / David
Mon	7 - 8pm	Starters	Course	Jason and David.
Mon	8 - 9pm	Improver/Intermediates	Course	Jason and David.
Wed	9.30 - 10.30	Starter Tea and Tennis	Pay on Day	Jason
Weds	10.30 - 12pm	Improver Tea and Tennis	Pay on Day	Jason
Thurs	10.30 - 12pm	Intermediates	Pay on Day	Jason

* MONTHLY MATCH PLAY IS THE FIRST MONDAY OF EACH MONTH- OPEN TO NON TEAM PLAYERS.

INDIVIDUALS AND PRIVATE GROUPS

LTA licensed coaches are also available for private individual and group lessons at a cost of £25 per hour plus non member fees £2 and floodlighting when needed. For more information contact:

Jason Graham:	07884 247373	jasoncgraham@hotmail.com
David Hay:	07980 565636	davehaytennis@yahoo.co.uk
Joe Rylett:	07946 227077	joe.rylett@ukgateway.net

ADULT PROGRAM HWLTC: Please return this form if you want to book on a course. For pay on the day, please contact the coach directly. Please note 12-1 players to coach ratio on pay on the day.

Name.....

Address.....
..... Postcode.....

Tel:..... Email: Course:

Cheque payable to "Paul Delgado" enclosed for _____.
Please hand to one of the coaches or post to "Paul Delgado, 1 East Arms Place, Hurley, Berks, SL6 5LE".

For any enquires please contact Jason Graham on 07884 247373 or email jasoncgraham@hotmail.com

See www.hwltc.co.uk for more details